

June 28, 2011 – Intersport 5 Km Fun Run/Walk Results

When 2010 Olympic timer and Yukon Sports Hall of Fame member Marg White is running the clock, all participants can be assured of an accurate time no matter what distances are involved. And so it was at Tuesday's weekly Intersport 5 km run and walk that included a 10 km run. With cloudy skies, a light rain and a race time temperature of 13 celsius, the competitors had every opportunity to run season-best times. And at least two did just that.

The women's side of the event saw Carleton University cross country ski team member Brittany Smith capture first place finishing ahead of almost all the male runners with a time of 19:57. Noted runner Larra Daley (21:22) took second place posting her best 5 km time of the season. Cynthia Freeman, with her admiring family looking on, finished almost 90 seconds behind Daley in third spot (22:51). Placing fourth and fifth, respectively, were the family combo of Brock University cross country runner Coralie Ulyett (25:13) and her Ottawa aunt Linda Ulyett (27:42).

Logan Roots, a recent graduate of the Shawnigan Lake School's running team, made his first appearance of the season. He could have shredded the 5km field with a time in the 16 minute range. Instead, he chose the 10 km distance running a respectable 36:53. Roots was followed several minutes later by race-horse like masters runner Bill Matiation (40:15).

In the men's 5 km run, it was a duel between teenaged Logan Boehmer (18:31) and wily veteran runner Mike Richards (18:36). Boehmer won the match finishing 7 seconds ahead of Richards. Well back of this drama was third place finisher Tom Ulyett (20:13) who was followed by a surging Greg Lane (20:29), who ran his fastest time of the season, and Patrick Anderson (21:21).

The race walking side of the event saw the return of Ruth Hall, one of last year's most successful 5 km race walkers. On Tuesday evening, Hall (36:21) was paced by Philip Gibson (36:56), but eventually overtook him and carried the lead to first place.

The next events on the running calendar are Thursday night's weekly trail run at 6:30 pm, the annual Canada Day 1-Miler on July 1 and the 5 km Yukon Road Race Championships on Tuesday, July 5. See the Athletics Yukon website for details.

Tom Ulyett on behalf of Athletics Yukon